MARCH 2015

Upcoming Dates

• Monday 2nd - Clean Up Australia
• Monday 30th - 5.30 pm P & C AGM

Inside this issue:

- PSSA Swimming
- Reading Tutor program
- Fundraising
- P & C
- Clean Up Australia
- Responsible Pet Care
- Lake Keepit Camp

2 2 2 2 2 3 4
Samuel’s swimming

Congratulations to Samuel Riley, who participated in the Small School Swimming Carnival on Friday. He gained 2nd place in the 11 year old Butterfly and 3rd in Freestyle. He then went on to represent Millbank at the Macleay Carnival on Feb 25th.

Fundraising

One fundraising idea was presented at the P&C meeting- a firewood raffle to be drawn at the end of April. Families will receive half the value of tickets sold as a discount on the school camp, for example - if your family sells $100 worth of tickets, you will receive a $50 discount

Multilit Reading Tutor Program

Arthur will be presenting a training program for interested parents, teacher aides and teachers from Millbank, Willawarrin and Bellbrook schools. This will be held from 9am - 3pm on Monday 9th March - please contact the school to ensure your place.

P & C AGM

The P & C AGM will be held on Monday 30th March at 5.30 pm.

“We are committed to a free public education system which is open to all people irrespective of culture, gender, academic ability and socio-economic class.

We believe that students should be empowered to be contributing members of society.

We are committed to parents and carers and citizens being partners in the education process.

We work closely with the Department of Education and Communities and other educational stakeholder groups.

We represent the voice of parents through councillors and delegates.

We provide a range of services including public liability cover and insurances, resources and assistance to P&C Associations.

We welcome membership from parents and citizens associations in NSW public schools.”

So please take this opportunity to elect a committee for 2015. If unable to attend, ring Arthur to arrange a proxy vote.

Clean Up Australia Day

will be held on Monday 2nd March at 11:30am. We will be cleaning up from Hickeys Creek Bridge to the Hall. Parent and community helpers are very welcome.
Why is responsible pet ownership and dog safety important?
Owning pets can be a lot of fun, and pets can provide us with company, stress relief and unconditional love. Pet ownership also teaches children responsibility, and helps them develop their social and nurturing skills.

Did you know that the average lifespan of a small dog is 11 years, and 12 years for a cat? Responsible pet ownership involves choosing the right pet for your lifestyle, complying with the law, caring for your pet’s health, and ensuring your pet doesn’t cause problems in the community.

We must also remember that they are not little humans and that they do not think or naturally behave like us. It is important for children to recognise the warning signs given by dogs, the correct way to approach a dog and what to do if approached by an aggressive dog to help prevent the instance of dog-related accidents and injury.
What you can do to increase vegetable consumption

This study suggests that serving a portion of vegetables at the start of a meal, in absence of any other competing foods, is a useful way to increase the amount of veggies your children eat.

When your child asks “Is dinner ready yet?” as you’re preparing dinner, it is the perfect opportunity to serve some raw vegetables while you’re cooking the main meal.

Don’t be concerned about “spoiling their appetite”, as filling up on nutritious vegetables to the detriment of other meal components is hardly a bad thing.

School Camp -

The P&C decided that a camp at Lake Keepit would be a valuable experience for students. Lake Keepit has a Small Schools Program from 24th to 28th Aug and last year 11 schools and 110 students attended.

The cost for the 5 days is $257 per student, this would be a valid use of the Schoolkids Bonus of $410 a year that most families in our school community receive for each child. Start paying a little each week, now, to help manage your budget.