November 2014

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Upcoming Dates

- ♦ Monday 3rd Nov – Life Education
- ♦ Friday 7th Nov – League gala Day
- ♦ Monday 10th Nov – School Planning & Focus group meeting 1pm
- ♦ Friday 14th Nov – Dip for Lunch
- ♦ Friday 21st Nov – Camp & Swimming fees due
- ♦ Monday 24th Nov to Friday 5th December – swimming
Rugby League

“It is well known that Rugby League is committed to encouraging children to be healthy, active and part of a thriving sporting community. The health benefits of physical activity are well documented and we believe that our school programs can play a key role in helping parents and schools develop positive, lifelong attitudes towards health and exercise within our children so that the next generation avoids the significant health issues facing society today.

As part of our commitment to this concept, our Game Development team has so far this year engaged with more than 600,000 children across Australia, through our learn to play program - Backyard League, regular and event competitions, and educational programs. We are quickly growing to be Australia’s largest sporting community, and are on track to meet our 2017 target of more than 700,000 players and 1.65 million people engaged in Rugby League experiences. Additionally our strategic relationship with Touch Football Australia offers children a totally inclusive sporting experience, regardless of gender or skill level. “

And all these new skills will be put into play, this Friday at the Willawarrin oval. Bellbrook, Greenhill and Willawarrin schools will join us for a Gala day of football. We will meet at the oval at 9am, if you need help with transport please contact the school. This is an all day event so remember lunch, hats and lots of water.
School Planning & Focus Group.

School Planning – Parents and interested community members are invited to a school planning Focus group on Monday 10th November from 1:00-3:00pm. We will be looking at the results of parent input and finalising 3 areas of strategic direction for 2015 – 2017. Afternoon tea will be provided.

Count Us In.

Music: Count Us In (MCUI) is Australia’s biggest school initiative, with more than 500,000 participating students from over 2,100 schools nationwide. Growing in reach and impact since 2007, MCUI exists to support teachers to deliver music in the classroom, addressing a lack of training and experience in this specialist area. Music education has been proven to improve students’ literacy, numeracy, school attendance and confidence. Music: Count Us In brings teachers, parents, students and the music industry together in celebration, as more than half a million people unite to sing the same song at the same time, right across the country.
Cascade Camp and Swimming Scheme fees.
Cost of camp is $172 per student. All camp fees need to be paid **BEFORE Friday 21st November**.
Money can be **direct deposited** into the school account, please include child’s name.

Account Name—Millbank Public School  
BSB—032-001  
Account Number— 143376

Thank you to parents who have paid.

From Monday 24th November to Friday 5th December. The school will be attending a swimming and water safety programme at Kempsey Pool, from 11.15 to 12pm.

Costs will be **$50** per student for the 2 weeks. Fees need to be paid by **Friday 21st November**.
Thanks to Amanda, Shantelle and Erin for volunteering to help with transport, we still need a driver for Monday and Friday.
Swimming fees may also be direct deposited, just add a child’s name.

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**Fundamental Movement Skills**

Research tells us that children who master a specific set of *fundamental movement skills* are more likely to be physically active as they get older, participate and enjoy more sport. These skills are categorised into 3 groups

- **Stability skills**: e.g. balancing, twisting, stretching
- **Locomotor skills**: e.g. running, hopping, jumping, skipping, galloping, leaping
- **Manipulative skills**: e.g. throwing, catching, dribbling a ball or striking an object

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**P & C Fundraising.**

A number of fundraising events are currently in operation
- **Chocolates** – if you would like to sell some please contact Amanda to make arrangements.
- **Living Fundraiser** – seeds still available, they will make great Christmas presents – contact Amanda.

**Christmas Hamper** – please send donations for a Christmas Hamper to be raffled at the End of Year Presentation Night. Thanks Shari for Mince Pies, Candy Canes, Cherries etc…